

Plant A Row • Grow A Row

Donate your extra

FRUIT & VEGETABLES



in support of

ISLAND FOOD BANKS

Non-perishable food will also be accepted



IWMC is a proud sponsor of the Plant a Row • Grow a Row program where Island gardeners are invited to grow an extra row, bed or pot of fruit or vegetables and earmark the harvest for donation to a local food bank or soup kitchen. During Compost Appreciation Day, customers receiving free compost were offered seed packets, compliments of Vesey's, to support efforts of helping to get fresh, nutritious food onto the tables of families in need.

DROP-OFF LOCATIONS & HOURS:

PRINCE COUNTY

● **West Prince Caring Cupboard*** / **882-4045**

TIGNISH, The Normalization Centre, Haywood Dr. Hours: Tues. 6 - 7 p.m.

ALBERTON, St. Peter's Anglican Church Hours: Thurs. 10 a.m. - 12 noon

BLOOMFIELD, St. Anthony's Hall Hours: Thurs. 10 a.m. - 1 p.m.

* At these locations only small quantities of garden produce can be accepted due to storage limitations.

● **Salvation Army Food Bank** / **888-3870**

SUMMERSIDE, 163 Water Street Hours: Mon - Fri. 8 a.m. - 4 p.m.

QUEENS COUNTY

● **Salvation Army Food Bank** / **892-8870**

CHARLOTTETOWN, 158 Fitzroy St. Hours: Mon - Fri. 9 a.m. - 1 p.m.

● **Upper Room** / **892-7092**

CHARLOTTETOWN, 33 Belmont St. Hours: Mon - Fri. 8 a.m. - 4 p.m.

KINGS COUNTY

● **Food Bank** / **838-4234**

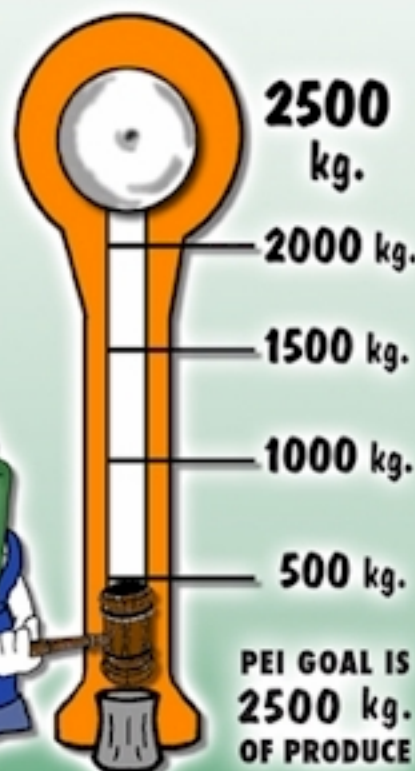
MONTAGUE, 513 Main St.

..... Hours: Thurs. 10:00 a.m. - 12 noon

● **Food Bank** / **687-1843**

SOURIS, 56 Main St.

..... Hours: Sat. 11:00 a.m. - 12:30 p.m.



PEI GOAL IS
2500 kg.
OF PRODUCE